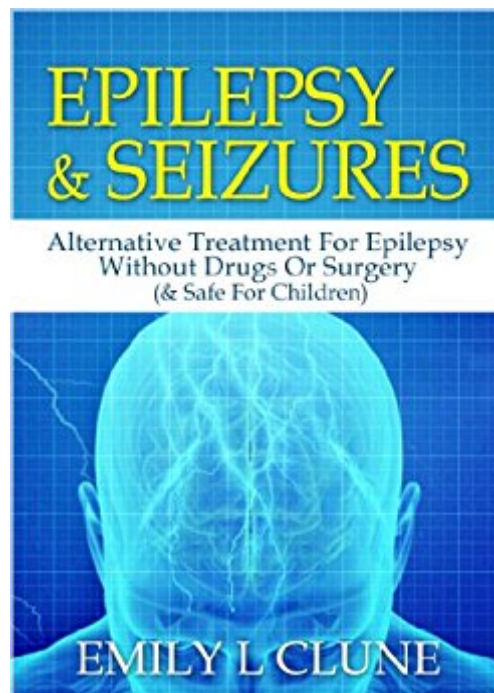




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# Epilepsy And Seizures: Alternative Treatment For Epilepsy Without Drugs Or Surgery



## Synopsis

Discover How Epilepsy And Seizures Can In Many Cases Be Drastically Reduced This concise guide presents effective strategies that won't require drugs or surgery Which alternatives treatments are proven and how they work Which simple habits can have the most profound effect How diet affects Epilepsy and in what ways Chemicals in everyday foods that you'll want to avoid Which minerals have been found to reduce seizures most What foods are most beneficial in controlling epilepsy How to find your triggers and why you would want to Review of the most popular diets for epilepsy Overview of alternatives treatments you've never heard of! Much, much more.. There are many different types of Epilepsy and Epileptic syndromes which all need to be managed in different ways. The majority of these conditions are treated by way of medication such as tablets (or medicine if you happen to be one of those patients who struggle to swallow tablets). However, many people still struggle with their seizures whether they are medicated or not. Do medications actually do you any good or do they do you more harm than good? There are some awful side effects to Anti-Epileptic drugs including: \*Hair loss, \*Fatigue, \*Nausea, \*Behavioural changes, \*Liver damage to name just a few. There may be times when the medication does not appear to be doing what it says on the tin. You may be still suffering from your seizures regardless of the fact that you are taking regular medication for Epilepsy; that's no use to you is it? There are many alternatives to taking medicine and tablets, this book is written to inform you and educate you in the possibilities that are out there. If one strategy does not work for you then you can find one that will. Simply scroll up and click the BUY button to instantly download the Epilepsy And Seizures Book

## Book Information

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